**Newsletter terms & conditions**

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By subscribing to The Bec Fitness newsletter you agree to receive email from us. The aim of our newsletter service is to keep our clients and visitors updated about workouts, recipes, merchandise drops and sales on coaching and more fitness and health related topics. The subscription to our newsletter service is not mandatory.

**1. Frequency**

The frequency of the newsletter will be weekly, occasionally biweekly. During sales or large events more than one email a week is possible.

**2. Limited Liability**

We reserve the sole right to either modify or discontinue the newsletter, at any time with or without notice to you. We will not be liable to you or any third party should we exercise such right. Any new features that augment or enhance the then-current services on this site shall also be subject to these Terms of Use.

We reserve the sole right to unsubscribe users / visitors from or newsletter service, without notice. We will do so with any subscriber we deem registered with fake data.

**3. Privacy policy**

We will not communicate / spread / publish or otherwise give away your address. You'll be able to change your subscription settings or to delete it altogether anytime.